



DOJO - WESTCHESTER  
COACHES - SAUVEUR SORIANO

## DOJO OF MONTH

# WESTCHESTER



CONGRATULATIONS TO WESTCHESTER Judo Club who have been chosen as the latest USJA Dojo of the Month.

Club coach Sauveur Soriano, a former member of the French National team, has seen his club grow to over 100 members in just five years.

The secret? Sauveur, who allows children to start judo at five years of age, says "It's about keeping judo fun for kids and letting them see their progression." He allows his pupils to grade up, only when they know the techniques well. "If they don't know, there is no problem, they can try again next week, but I think it's important not to just grade up for the sake of it".

The Senior section of the club is also strong with an International men's tournament and training session held each year. This year the tournament is on April 29 and the training session is held the day before. Book your place and train with International fighters by downloading an application form at [www.westchesterjudo.com](http://www.westchesterjudo.com) - or contact Sauveur on 914 723 8006 or [westchesterjudo@hotmail.com](mailto:westchesterjudo@hotmail.com) for more information.

